



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

TRIP DOSSIER: 15 Day Zambia and Malawi Safari

Revised 30 October 2025

Experience the heart of Africa on an unforgettable journey through Zambia and Malawi. Begin in Victoria Falls, home to the mighty Victoria Falls — one of the Seven Natural Wonders of the World — and enjoy thrilling activities from sunset cruises to waterfall hikes. Travel east to the Lower Zambezi National Park, where canoeing and game drives along the river reveal elephants, hippos, and vibrant birdlife. Continue to Lusaka, Zambia's lively capital, for a glimpse of local culture before heading north to the wildlife-rich South Luangwa National Park, famous for its walking safaris and predator sightings. Cross into Malawi and end your adventure in Lilongwe, the warm and welcoming capital city— a perfect ending to your African journey.

Grading: Anyone in good health with a sense of adventure should be able to take part. There is no

significant physical difficulty involved, but—like much of Africa—rough roads in national parks, limited facilities, and basic accommodation may require you to adjust your expectations.

NB: While it is our intention to operate the itinerary as printed below, it may be necessary to make changes due to flight schedules, weather conditions, accommodation availability, or other operational factors. Therefore, the order and location of overnight stops may vary.

Starting Point: Livingstone, Zambia

End Point: Lilongwe, Malawi

Included:

- 14 nights' accommodation in lodges and safari camps
- All park entrance and conservation fees
- Professional English-speaking guide throughout

- Air-conditioned safari vehicle
- Bottled water daily
- Meals as listed
- Activities as indicated (Safaris, game walks, canoeing, village visits)
- Conservation contributions

Not included:

- International flights and domestic flights
- Visas for Zimbabwe, Zambia and Malawi
- Meals not specified
- Optional activities and spa treatments
- Travel insurance (mandatory)
- Tips and gratuities
- Personal items and beverages not specified.

Brief Day by Day Description

Day 1: Welcome to Victoria Falls

Arrival in Livingstone. Transfer to your accommodation.

Accommodation: Safari Lodge/Camp



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

Meals: Dinner

reveal the sheer power and beauty of the cascades. The

Browse vibrant markets filled with African art, stone



Victoria Falls

Day 2: Visit Victoria Falls and Optional Excursions

After breakfast, set off for a tour of the Victoria Falls. Few natural wonders on Earth can rival the breath-taking majesty of Victoria Falls, known locally as Mosi-oa-Tunya – “The Smoke That Thunders.” Straddling the border between Zimbabwe and Zambia, this UNESCO World Heritage Site is one of the largest waterfalls in the world, where the mighty Zambezi River plunges more than 100 metres into a dramatic gorge, creating a towering mist visible from kilometres away.

During your visit, enjoy a guided tour of the falls, walking along scenic pathways to viewpoints that

thunderous sound, shimmering rainbows, and refreshing spray create an unforgettable sensory experience.

Enjoy any of **optional** excursions on offer. Your guide will be able to assist.

Sunset Cruise on the Zambezi River:

Relax with a drink in hand as the sun dips below the horizon and hippos, elephants, and crocodiles gather along the riverbanks.

Helicopter Flight – “Flight of Angels”:

Take to the skies for a bird’s-eye view of the falls and Zambezi River — a once-in-a-lifetime photographic experience.

Devil’s Pool (Seasonal):

When water levels are low, dare to swim at the edge of the falls in the natural rock pool on Livingstone Island – truly exhilarating!

Local Craft Markets:

carvings, and handmade souvenirs.

Accommodation: Safari Lodge or Camp

Meals: B

Day 3: White Water Rafting

After breakfast, experience one of the world’s most thrilling adventures on the mighty Zambezi River! Below the towering cliffs of Victoria Falls, the river carves its way through a deep basalt gorge, creating some of the best grade IV and V rapids on the planet.

Armed with a paddle, helmet, and plenty of adrenaline, you’ll navigate waves, drops, and whirlpools with expert guides leading the way. Between rapids, enjoy calm stretches that reveal the stunning beauty of the gorge’s towering walls and the occasional glimpse of wildlife.

This is an unforgettable experience and offers a perfect blend of excitement, teamwork, and breath-taking



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

natural scenery — an adventure not to be missed for

Led by professional river guides, you'll set off in the morning, paddling gently

In the early morning, wake to hot coffee and a light breakfast before heading

thrill-seekers visiting Victoria Falls.

Accommodation: Safari Lodge or Camp

Meals: Breakfast

Day 4: Lower Zambezi (570km)

Depart from Livingstone. Travel north through scenic landscapes and passing through small villages and

Overnight at the lodge. Enjoy a sundowner drink overlooking the Mighty Zambezi River.

Accommodation: Safari Lodge

Meals: B, D

Day 5 and 6: Canoe Safari on Lower Zambezi

Experience the magic of the Lower Zambezi River on an unforgettable overnight canoe safari from Mvuu Lodge, where adventure meets tranquility in one of Zambia's most breathtaking wilderness areas.

down the mighty Zambezi River, with the dramatic Zambezi Escarpment rising on one side and the wildlife-rich floodplains of Lower Zambezi National Park on the other. Along the way, you'll encounter elephants bathing at the water's edge, pods of hippos wallowing in the shallows, and crocodiles basking on the riverbanks. The birdlife is spectacular — from colorful bee-eaters to fish eagles calling overhead.

As the sun begins to dip, you'll settle for the night on a wild remote island. Enjoy a refreshing drink as the sky turns gold and pink, then gather around the campfire for a hearty bush dinner under a canopy of stars. Drift to sleep in your tent, surrounded by the peaceful sounds of the African night — the distant whoop of a hyena, the splash of a hippo, the whisper of the river flowing past.

back to the lodge by boat. Enjoy a safari on the boat while going back.

This overnight canoe safari from the lodge is one of the most intimate and authentic ways to explore the Lower Zambezi, offering a rare combination of adventure, serenity, and close encounters with nature.

Accommodation: Safari Lodge

Meals: B x 2

L x 2

D x 2



Lower Zambezi NP



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

Day 7 and 8: Kafue National Park (470km)

Depart from the Lodge, beautifully set along the Zambezi River, and embark on a scenic journey into the

wild heart of Zambia — Kafue National Park, the country's largest and oldest protected area.

The route takes you north through changing landscapes — from the lush riverine vegetation of the Lower Zambezi Valley to open woodlands, rural villages, and vast plains. Along the way, you'll gain a deeper sense of Zambia's natural beauty and cultural diversity. Depending on your itinerary, the journey may include a short drive and a connecting flight, or a full-day road adventure through Zambia's untouched countryside.

Arriving in Kafue National Park feels like stepping back in time. This immense wilderness, covering over 22,000 square kilometers, is one of Africa's last true frontiers. Here, endless

miombo forests and sweeping floodplains provide sanctuary to an astonishing variety of wildlife — including lion, leopard, cheetah, elephant, buffalo, hippo, and a dazzling array of antelope species

such as sable, roan, and puku. The Kafue River, meandering through the park, is the lifeblood of this ecosystem, attracting rich birdlife and offering tranquil boat safaris and fishing opportunities.

Upon arrival there is an optional night drive. Kafue National Park On day 2 morning and afternoon safaris included

Accommodation: Safari Lodge

Meals: B x2

L x 2

D x 2



Leopard

Day 9 : Lusaka (380km)

After an unforgettable stay amid the vast wilderness of

Kafue National Park, your journey continues eastward toward Pioneer Camp, located just outside Lusaka, Zambia's lively capital.

The drive offers a fascinating transition from the wild heart of the bush to the gentle rhythms of rural Zambia. You'll pass through open woodlands, traditional villages, and rolling farmland, where daily life unfolds along the roadside — children walking to school, colorful markets, and ox carts carrying goods to nearby towns. Depending on your starting point within Kafue, the journey may take 5 to 7 hours, allowing time for a few scenic stops or a picnic en route.

As you leave the park behind, the landscape gradually



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

changes — the vast wilderness gives way to more settled countryside and finally to the outskirts of Lusaka.

Overnight in Lusaka.

Optional to be visited:

Enjoy an afternoon birding walk with your guide.

Accommodation: Hotel or Lodge

Meals: B



Lusaka National Museum

Day 10-13: South Luangwa (400km)

Departing Lusaka, the journey to South Luangwa takes you east along the Great East Road, one of Zambia's most scenic routes. As the landscape unfolds, you'll pass through rolling hills, small

farming communities, and stretches of miombo

woodland that showcase rural Zambia's natural beauty.

Continuing to Zambia's Eastern Province, you'll gain

a genuine sense of the country's warmth, hospitality, and vibrant rural culture — a true journey through the heart of Zambia.

Upon arrival at your lodge near the park, settle in before heading out on your first afternoon safari. (If time allows, alternatively it would be a night safari) As the sun begins to set, the park comes alive — elephants gather by the river, leopards emerge from the shadows, and hippos grunt in the shallows of the Luangwa River.

A morning and afternoon and night safari is included on day 2 and day 3.

Enjoy an **optional** bushwalk with an armed ranger and

learn more about the things that is often overlooked on the safari jeeps. A walk also offers excellent bird watching opportunities, with more than 400 species recorded.

Accommodation:

Lodge or Camp

Meals: B x 4

L x 3

D x 4



African Elephants

Day 14: Lilongwe (280km)

After breakfast make a stop at Tribal Textiles. Tribal Textiles is a local enterprise that offers employment in the Mfuwe area. Tribal textiles are involved in many projects from schools, to conservation. Enjoy a coffee while watching the locals perform. cross the border from Zambia into Malawi, often called "The



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

Warm Heart of Africa.”

The scenic drive to Lilongwe, the country’s charming capital, passes through gentle hills, tobacco farms, and rural villages, offering glimpses of everyday Malawian life along the way.

Enjoy a farewell dinner (own expense) and look back to an amazing safari.

Accommodation: Hotel or lodge

Meals: B

Day 15: Departure

You are transferred to the airport for your flight home

****END OF SERVICE****



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

**** Excursions:** A qualified grade 1 safari guide from Barefoot Safaris will accompany clients on all excursions except where it is necessary to employ a guide from local parks.

- Please feel free to add on to this tour with any of the other possible tours we offer in the area.
- The accommodation specified in the itinerary is a guide only and subject to availability. Alternatives will be of a similar standard if required.
- The Dollar rate is just an indication of the price at the

Zambia: Zambia enjoys a tropical climate that varies with altitude and season, making it a year-round travel destination with distinct seasonal changes. The country experiences three main seasons:

The Dry Season (May to October): This is the best time for wildlife viewing, with clear skies, warm days, and cooler nights. Temperatures are pleasant from May to August, gradually warming up toward October, which can be quite hot, especially in the lower-lying valleys such as the Luangwa and Zambezi.

The Rainy Season (November to April):

Characterized by lush green landscapes and dramatic afternoon thunderstorms, this is the time when rivers and waterfalls are at their fullest. Although some remote areas may become difficult to access, the scenery is breathtaking, and it's an excellent season for birdwatching

Malawi: Lilongwe enjoys a mild subtropical climate thanks to its elevated position on the central plateau. The city experiences three distinct seasons:

The Cool Dry Season (May to August): Pleasant days and cool nights, with average temperatures

Terms and Conditions

Price Includes:

- Shared accommodation
- Entrance Fees and park fees
- Transfers and activities, as listed
- Professional Guide
- Water
- Meals as listed

Price Excludes:

- Domestic and International Flights
- Unspecified Meals
- All Beverages
- Optional Activities & Entrance Fees
- Visas, travel insurance, tips and personal expenses

Practical Info

ADDITIONAL INFORMATION

Climate:

Victoria Falls: Victoria Falls enjoys a warm, tropical climate with plenty of sunshine throughout the year. The region experiences three main seasons — a hot, wet season from November to March, when lush green vegetation flourishes and the Zambezi River swells; a cool, dry season from April to August, offering pleasant daytime temperatures and crisp evenings; and a hot, dry season from September to October.



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

around 20–25°C — ideal for travel and sightseeing.

The Hot Dry Season (September to November): Temperatures rise, often reaching the low 30s°C, with bright sunshine and little rainfall.

The Rainy Season (December to April): Warm and humid, with regular afternoon showers that bring the countryside to life in lush green tones.

Baggage:

- 1 soft bag (maximum 20kg)
- 1 daypack

Clothing and Footwear:

- Lightweight cotton, long sleeves for sun protection
- Warm layers for cold nights
- Waterproof jacket
- Hiking boots and sandals
- Swimwear, sunhat, insect repellent

Equipment:

- Head torch
- Sunglasses, sunscreen
- Binoculars
- Camera and cover for dust
- Basic first aid, and personal medication
- Malaria Prophylaxis Recommended

Covid

For latest Covid-19 advice please visit the South African Government Website www.gov.za/covid

Visas and Permits:

Zimbabwe:

International visitors do require a visa upon entering. Please visit <https://www.evisa.gov.zw/faq.htm> for more information

Zambia International travelers will require a visa to enter Zambia, please visit <https://www.zambianimmigration.org/> for more information

Malawi: International visitors require a visa to enter Malawi, please visit <https://www.malawiconsulate.co.za/> for more information

This information is given in good faith but may be subject to change without warning. Please note that, where appropriate, obtaining a valid visa is ultimately your responsibility. Please consult a visa agency or the consular authorities 4-6 weeks before departure for the most up-to-date information

Vaccinations & Health Advice: Vaccination requirements & other health advice can change, so please check with a specialized travel clinic for up-to-date information before you depart. For useful advice you can visit The Medical Advisory Service for Travelers Abroad www.masta.org Nevertheless, we recommend that you protect yourselves against: Malaria and Hepatitis A as a minimum.

Food: Although every effort will be made to accommodate any dietary requirements, the availability of certain products is limited in Africa. Any special dietary requirements should be explained to us in writing at the time of booking.

Local costs: 14 Breakfasts, 7 lunches and 10 dinners are included

Meals are indicated as follows:

B- Breakfast

L- Lunch

D-Dinner

Approximate costs are for guidance only and may vary widely according to location and type of establishment.

Coffee/tea USD\$1.30

Soft drink USD\$1.00

Medium beer USD\$2.60

*Reasonable Mid-range tourist class restaurant

Optional excursions: Some or all the excursions detailed below may be available; others not listed may also be available.

Approximate costs per person are given for guidance only and may depend on the number of participants. Your safari guide should be able to assist you in arranging them as well as advise you on any.

Sunrise Drive	\$30
Morning Walk	\$50
Sunset Drive	\$30
Night Drive	\$35



Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
Cell: (+27) 71 630 4472
Emergency: (+27) 65 5072 442

Rooiels
Western Cape
South Africa

E-mail: ken@barefoot-safaris.com
Email: louis@barefoot-safaris.com
Web: www.barefoot-safaris.com
Facebook: Barefoot Safaris and Adventure Tours

Tipping: For better or worse, tipping is an accepted part of everyday life, and - although it is always at your discretion - you will be expected to tip to reward service. Your tour guide will give you an indication of when and how much is appropriate. This can vary widely, but please allow USD 200 per person for this tour.

Seasonal changes: Although all rooms/chalets in malaria areas that we use are protected with mosquito netting; there will be insects and mosquitoes about. The camps are essentially "al fresco" so you should be prepared with insect repellent and appropriate long sleeved/legged clothing. Insects are attracted to

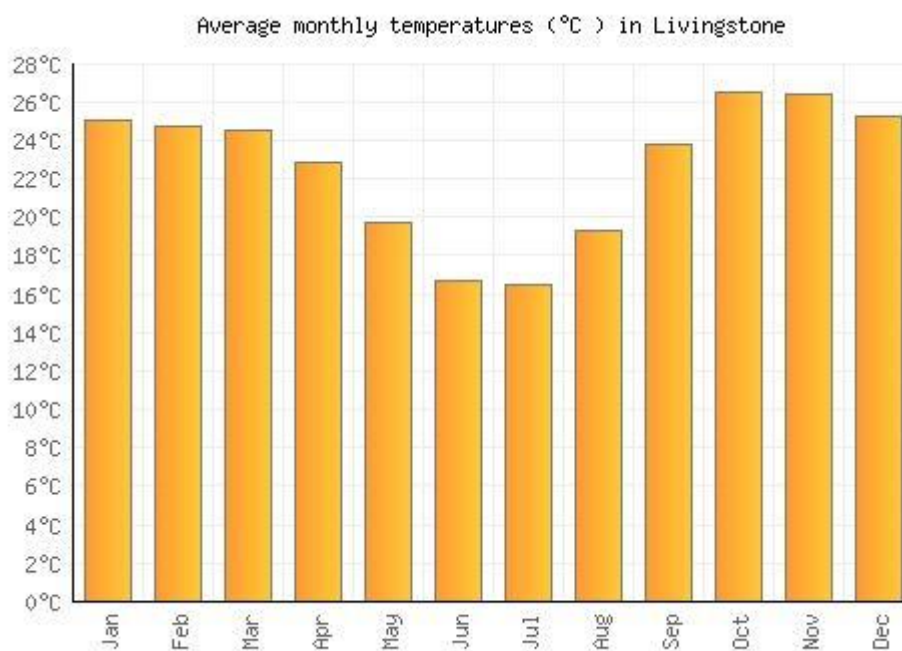
light at night and are especially prevalent during the rainy season. Switching the lights off and placing a lamp a distance from you will remove the problem. The evenings and mornings will be chilly from about June to August: so, it is advisable to take a light sweater or fleece

Currency:
The official currency of Zambia is the Zambian Kwacha (ZMW).

Local use: Most everyday transactions — in shops, restaurants, and local markets — are done in Zambian Kwacha.
Foreign currencies: US Dollars (USD) are widely accepted in tourist areas, safari lodges, and

for larger payments such as park fees or accommodation.
ATMs & Cards: ATMs are available in towns and cities, and major credit cards (Visa and Mastercard) are accepted at most hotels and lodges.
Tip: It's best to carry some small Kwacha notes for tips, local purchases, and rural areas where cards are not accepted. Please carry USD bills no older than 2007 and in smaller denominations.

Average Temperatures Livingstone





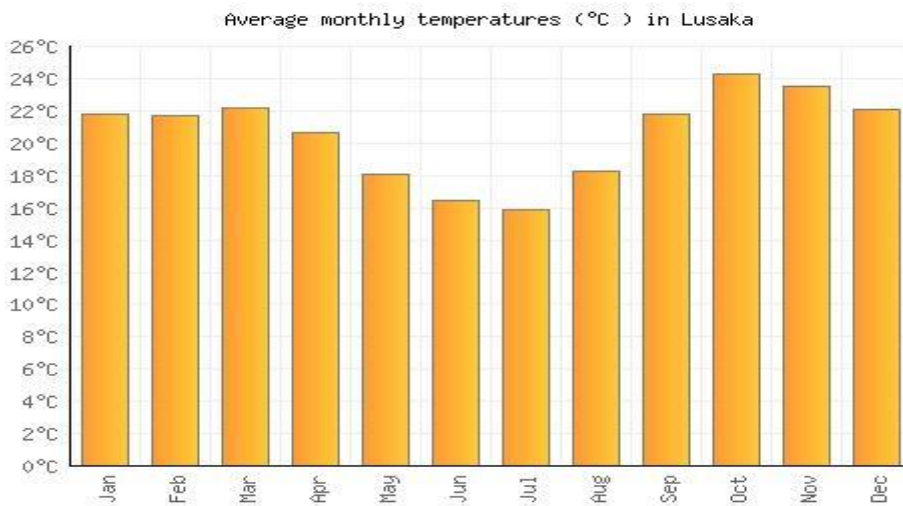
Barefoot Safaris and Adventure Tours

Tel: (+27) 65 5072 442
 Cell: (+27) 71 630 4472
 Emergency: (+27) 65 5072 442

Rooiels
 Western Cape
 South Africa

E-mail: ken@barefoot-safaris.com
 Email: louis@barefoot-safaris.com
 Web: www.barefoot-safaris.com
 Facebook: Barefoot Safaris and Adventure Tours

Average Temperatures for Lusaka



Average Temperature in Lilongwe

